

CVHS Athletics Clearance Procedures

1. Obtain the **Capistrano Unified School District Athletic Clearance Form**.
2. With the **Physical Clearance Form**, schedule an appointment with your Student's Primary Care Physician and have them complete the **Health History** and **Physical Exam** portion of the document.
3. Visit www.athleticclearance.com
 - a. Select **California**
 - b. Create an Account (if this is the 1st time completing this process) or **Login**.
 - c. Select **Start Clearance Here**
 - d. Type **Capistrano Valley** into the Search Bar
 - i. Schools Address should be listed as **26301 Via Escolar Mission Viejo, CA 92692**
 - e. Select the correct School Year in the drop-down menu under **Year**.
 - f. Select the Sport, your student will be playing.
 - i. For additional Sports, select **+ Additional Sport** button to add more than 1 sport.
 - ii. Select **Next**.
 - g. This will take you to the **Student** page.
 - i. Complete this page.
 1. If you have previously completed this process, then you will select **Choose Existing Student** and complete the fields that either are blank or need to be changed from the previous year.
 - ii. Select **Save and Continue**
 - h. This will take you to the **Parent/Guardian** page.
 - i. Complete this page.
 1. If you have previously completed this process, then you will select **Choose Parent/Guardian** and complete the fields that either are blank or need to be changed from the previous year.
 - ii. Select **Save and Continue**
 - i. This will take you to the **Offer** page.
 - i. Make your choice.
 - ii. Select **Save and Continue**
 - j. This will take you to the **Medical** page.
 - i. Complete this page.
 1. You can also download **Capistrano Unified School District Athletic Clearance Form** on this page.

- ii. Select **Save and Continue**
- k. This will take you to the **Additional Question** page.
 - i. Complete this page.
 - ii. Select **Save and Continue**
- l. This will take you to the **Signatures** page.
 - i. This page will ask for your players signature and the Parent/Guardian Signature for the following Forms:
 1. **CIF-SS Code of Ethics**
 2. **CIF-State Concussion Information Sheet**
 3. **CIF-State Sudden Cardiac Arrest**
 4. **CIF-State Opioid Fact Sheet**
 5. **CIF-State Heat Illness Information Sheet**
 6. **Athletic Code of Honor**
 7. **NCAA Acknowledgement & Clearance**
 8. **Social Media Acceptance Policy**
 9. **Sports Waiver and Release of Liability**
 10. **Statement of Consent (Parents/Guardian Signature Only)**
 11. **Insurance Verification (Parents/Guardian Signature Only)**
 - ii. Select **Save and Continue**
- m. This will take you to the **Files** page.
 - i. Uploaded the completed **Capistrano Unified School District Athletic Clearance Form**.
 1. The form needs to be completely filled out with the Physician's Signature and Stamp.
 - ii. Select **Submit Completed Application**.
- n. This will take you the **Confirmation** page.
 - i. This will give you your Confirmation Message and send your Request to be reviewed for Final Approval to clear your player.